

Canadian Transplant Rehabilitation Centre Directory

December 2014



Rehab Centre	Referral	Organ	Service	Satellite Site(s)	Rehab Services	Primary Contact
and Address	Site(s)	Groups	Details		Offered	Information
Alberta						
Centre: Central Rehabilitation Address: University of Alberta Hospital, 1F1, WMC 8440-112 St. Edmonton, AB T6G 2B7	-Northern Alberta Renal Transplant Program -University of Alberta Hospital	Kidney ⊠Pre ⊠Post Kidney- Pancreas ⊠Pre ⊠Post	Modality of Rehab:	-Some patients go to sub- acute or Glenrose Rehab Hospital for a specific program	-Nutrition -Occupational therapy -Pastoral care -Physiotherapy -Psychology -Social work -Therapy assistant	Name: Jane Pletts (PT), Karen Dhillon (OT) Phone: 780-407-6002
Centre: University of Alberta Hospital Heart Rehab Address: University of Alberta Hospital 8440-112 St. Edmonton, AB T6G 2B7	-Alberta, Northern BC, Saskatchewan and Manitoba	Heart ⊠Pre ⊠Post	Modality of Rehab:	-Winnipeg, Calgary Foothills Hospital for early rehab programs (through referral) -Other local rehab as required	-Nutrition -Occupational therapy -Physician -Physiotherapy -Psychology	Name: Linda Figgures (retiring January 2015) Phone: 780-407-3586 Email: linda.figgures@alberta healthservices.ca Name: Jennifer Holman Phone: 780-407-6002 Email: jennifer.holman@alber tahealthservices.ca
Centre: University of Alberta Hospital Transplant Rehab Address: 1F1 WMC University of Alberta	-BC (north and east), Saskatchewan, Manitoba and the northern territories	Liver ⊠Pre ⊠Post Lung ⊠Pre ⊠Post Multi-	Modality of Rehab: Inpatient Outpatient Rehab Population:	-Referred to local centres	-Nutrition -Occupational therapy -Physiotherapy -Psychology -Social work and family support	Name: Jennifer Holman Phone: 780-407-6002 Email: jennifer.holman@alber tahealthservices.ca



Hospital 8440-112 St. Edmonton, AB T6G 2B7	(including Yukon)	Visceral ☑Pre ☑Post Small bowel ☑Pre ☑Post	⊠Pediatric ⊠Adult		-Spiritual Services				
British Columbia									
Centre: GF Strong Rehabilitation Program Address: GF Strong Rehabilitation Centre 4255 Laurel St. Vancouver, BC V5Z 2G9	-Vancouver General Hospital	Liver □Pre ⊠Post Lung □Pre ⊠Post	Modality of Rehab:	-Referred to local centres	-Assistive technology -Driver rehab -Nursing -Nutrition -Occupational therapy -Orthotics -Physician -Physiotherapy -Psychology -Recreation therapy -Respiratory therapy -Sexual health -Social work -Speech and language pathology	Name: GF Strong Rehab Centre Phone: 604-734-1313			
Centre: Healthy Heart Program Address: St. Paul's Hospital 1081 Burrard St. Vancouver, BC V6Z 1Y6 Centre: St. Paul's Hospital Pulmonary Rehabilitation Clinic	-St. Paul's Hospital -BC Solid Organ Transplant Clinic	Heart ⊠Pre ⊠Post Kidney ⊠Pre ⊠Post Lung ⊠Pre ⊠Post	Modality of Rehab: Inpatient Outpatient Rehab Population: Pediatric Adult Modality of Rehab: Inpatient Outpatient	-Referred to local centres N/A	-Exercise leader -Exercise physiology -Nutrition -Occupational therapy -Physician -Psychology -Registered nurse -Smoking cessation -Social work -Nutrition -Occupational therapy -Physiotherapy -Pulmonary	Name: Mary Mackenzie Phone: 604-806-8601 Email: mbmackenzie@provid encehealth.bc.ca Name: Pat Camp Phone: 604-806-8115 Email: pat.camp@hli.ubc.ca			



Address: St. Paul's Hospital, Physiotherapy Department 1081 Burrard St. Vancouver, BC V6Z 1Y6			Rehab Population: Pediatric Adult		rehabilitation education -Rehabilitation assistant	
Centre: St. Paul's Hospital Renal Program – Physiotherapy Department Address: St. Paul's Hospital, Physiotherapy Department 1081 Burrard St. Vancouver, BC V6Z 1Y6	-St. Paul's Hospital	Kidney ⊠Pre ⊠Post	Modality of Rehab: ☑Inpatient ☑Outpatient Rehab Population: ☐Pediatric ☑Adult	N/A	-Nutrition -Occupational therapy -Physiotherapy -Psychology -Social Work	Name: Susie Neufeld (PT) Phone: 604-806-9029 Email: sneufeld@providenceh ealth.bc.ca Name: Judy Lau (PT) Phone: 604-806-9029 Email: jlau@providencehealth .bc.ca
Centre: Vancouver General Hospital Acute Transplant Rehab Address: Vancouver General Hospital 855 W. 12 th Ave. Vancouver, BC V5Z 1M9	-Vancouver General Hospital	Bone Marrow □Pre ☑Post Kidney □Pre ☑Post Liver □Pre ☑Post Lung □Pre ☑Post	Modality of Rehab:	-GF Strong Rehabilitation Centre, Holy Family Hospital, and other local community hospitals -Champion Lung Fitness Program (VCH) -Pulmonary Rehabilitation Program (St.Paul's)	-Nutrition -Occupational therapy -Physiotherapy	Name: Rosalyn Jones Phone: 778-870-7634 Email: rosalyn.jones@vch.ca Name: Nancy Cho Email: nancy.cho@vch.ca
Centre: Vancouver General Hospital Champion Lung	-Vancouver General Hospital	Lung □Pre ☑Post	Modality of Rehab:	-Appropriate local facilities	-Physiotherapy -Respiratory therapy	Name: Nancy Haynes Phone: 604-875-4111 ext. 63099



Fitness Program			Outpatient			Email:
						nancy.haynes@vch.ca
Address: Vancouver			Rehab			
General Hospital			Population:			Name: Marina Wallin
855 W. 12 th Ave.			☐Pediatric ☑Adult			Phone: 604-875-4111
Vancouver, BC			MAddit			ext. 63099
V5Z 1M9						Email:
						marina.wallin@vch.ca
Ontario						
Centre: Department	-Hospital for Sick	Heart	Modality of	N/A	-Adolescent medicine	Phone: 416-813-6755
of Rehabilitation	Children	⊠Pre ⊠Post	Rehab:		-Nutrition	
		Kidney	Inpatient		-Occupational therapy	Name: Robin Deliva
Address: Hospital for		⊠Pre ⊠Post	Outpatient		-Physiotherapy	(heart and lung)
Sick Children			Rehab		-Psychology	Email:
555 University Ave.		Liver	Population:		-Social work	robin.deliva@sickkids.c
Toronto, ON		⊠Pre ⊠Post	Pediatric			<u>a</u>
M5G 1X8		Lung	Adult			
		⊠Pre ⊠Post				Name: Stephanie
						Sollazzo (heart and
		Small Bowel				lung)
		⊠Pre ⊠Post				Email:
						stephanie.sollazzo@sic kkids.ca
						KKIUS.Cd
						Name: Degen
						Southmayd (kidney)
						Email:
						degen.southmayd@sic
						kkids.ca
						Name: Catherine
						Patterson (liver and
						small bowel)



Centre: Freeport Rehabilitation Address: Grand River Hospital-Freeport	-Toronto General Hospital	Lung ⊠Pre ⊠Post	Modality of Rehab: ☐Inpatient ☐Outpatient	N/A	-Nutrition -Occupational therapy -Physician -Physiotherapy -Recreation therapy	Email: catherine.patterson@s ickkids.ca Name: Stephanie So (liver and small bowel) Email: stephanie.patterson@s ickkids.ca Name: Angela Tuffnail (OT) Phone: 519-749-4300 ext. 7270 Email:
Site 3570 King St. East Kitchener, ON N2G 1G3			Rehab Population: ⊠Pediatric ⊠Adult		-Social work	angela.tuffnail@grhos p.on.ca
Centre: McMaster Cardiac Rehabilitation Program Address: Ivor Wynne Centre, Room A204 1280 Main St. West Hamilton, ON L8S 4K1	-London, ON (only 1 referral)	Heart □Pre ☑Post	Modality of Rehab:	N/A	-Kinesiologist	Name: Karen Winegard Phone: 905-525-9140 ext. 24877 Email: winegard@mcmaster.c a
Centre: Minto Prevention and Rehabilitation Centre Address: University of Ottawa Heart Institute, H 2330	-University of Ottawa Heart Institute -All Champlain LHIN hospitals, Western Quebec, Northern Canada,	Heart ⊠Pre ⊠Post	Modality of Rehab: ☑Inpatient ☑Outpatient Rehab Population:	-Ontario Telemedicine Network streams cardiac exercise classes to other centres (Barry's Baw, Winchester, Bancroft, Amonte, etc.)	-Nutrition (dietician and nutrition workshops) -Occupational therapy -Physician -Physiotherapy -Psychiatry -Psychology	Name: Jane Brownrigg (Clinical Manager) Phone: 613-761-4542 Email: jbrownrigg@ottawahe art.ca



40 Ruskin St. Ottawa, ON K1Y 4W7	Winnipeg and New Brunswick		□ Pediatric ☑ Adult		-Registered nurse -Self-management program -Smoking cessation -Social work -Stress management program -Vocational counselling	
Centre: Physiotherapy Department, Multi- Organ Transplant Program, London Health Sciences Centre Address: University Hospital, Room C4- 202 339 Windermere Rd. London, ON N6A 5A5	-MOT Program and London Health Sciences Centre -Toronto Lung Transplant Program (pre-tx patients)	Heart ☑Pre ☑Post Kidney ☐Pre ☑Post Kidney- Pancreas ☐Pre ☑Post Liver ☑Pre ☑Post Lung ☑Pre ☐Post	Modality of Rehab:	-Pre-transplant cardiac patients are referred to cardiac rehab programs in their communities	-Kinesiologist -Nutrition -Occupational therapy -Physiotherapy -Psychology	Name: Nancy Howes (PT) Phone: 519-685-8500 ext. 35365 Email: nancy.howes@lhsc.on. ca
Centre: Pulmonary Rehabilitation Program Address: Credit Valley Hospital 2200 Eglinton Ave. West Mississauga, ON L5M 2N1	-Toronto General Hospital Transplant Program	Lung ⊠Pre □Post	Modality of Rehab: Inpatient Outpatient Rehab Population: Pediatric Adult	N/A	-Kinesiologist -Respiratory therapist	Name: Debbie Coutts Phone: 905-813-3844 Email: debbie.coutts@trillium healthpartners.ca
Centre: St. John's Organ Transplant Rehabilitation	-University Health Network	Heart □Pre ⊠Post	Modality of Rehab: ☑Inpatient	N/A	-Nursing -Nutrition -Occupational therapy	Name: Betty Cheung Phone: 416-226-6780 ext. 6313



Program Address: St. John's Rehab Hospital 285 Cummer Ave. Toronto, ON M2M 2G1		Kidney □Pre ☑Post Liver □Pre ☑Post Lung □Pre ☑Post	⊠Outpatient Rehab Population: □Pediatric ⊠Adult		-Occupational therapy assistant -Pharmacy -Physiatry -Physician -Physiotherapy -Physiotherapy assistant -Psychiatry consult -Psychology -Social work	Email: betty.cheung@sunnyb rook.ca
Centre: UHN Cardiovascular Prevention and Rehabilitation Program Address 1: Toronto Rehab Institute, Rumsey Centre 347 Rumsey Centre Toronto, ON M4G 1R7 Address 2: Toronto Western Hospital, 7 fl. Room 108	Toronto General Hospital	Heart ⊠Pre ⊠Post Lung ⊠Pre ⊠Post	Modality of Rehab:	N/A	-Spiritual care -Exercise physiologist -Kinesiologist -Nutrition -Physician -Psychology -Registered nurse -Social work	Name: Valerie Skeffington Phone: 416-597-3422 ext. 5237 (TRI) Phone: 416-603-5800 ext. 3928 (TWH) Email: valerie.skeffington@uh n.ca
399 Bathurst St. Toronto, ON M5T 2S8 Centre: UHN Pulmonary Rehabilitation Clinic Address: Toronto	-Downtown hospitals (patients waiting for transplant intake clearance	Lung ⊠Pre ⊠Post	Modality of Rehab: □Inpatient ☑Outpatient	-OLA Breathworks useful to find satellite sites based on location	-Nurse coordinator -Nutrition -Physician -Psychology -Respiratory therapist	Name: Meeran Manji Phone: 416-603-6463 Email: meeran.maji@uhn.on. ca



Western Hospital, 7 East Wing, Room 7- 409 399 Bathurst St. Toronto, ON M5T 2S8 Centre: Toronto	or to meet entry criteria) Toronto Lung	Lung	Rehab Population: Pediatric Adult Modality of			Name: Denise Helm
Lung Transplant Program Address: 200 Elizabeth St. 12 Peter Munk building room 204, Toronto, M5G 2C4	Transplant Program	⊠Pre ⊠Post	Rehab:			Email: Denise.helm@uhn.ca Phone: 416-340-4800 ext 3982 Name: Chaya Gottesman Email: Chaya.gottesman@uh n.ca Name: Lisa Wickerson Email: Lisa.wickerson@uhn.ca
Quebec						
Centre: Montreal Lung Transplant Program Address: CHUM- Notre-Dame Hospital 1560 Sherbrooke East Montreal, QC	CHUM Transplant Centre	Lung ⊠Pre ⊠Post	Modality of Rehab: ☐Home ☐Inpatient ☐Outpatient Rehab Population: ☐Pediatric	-Mount Sinai Hospital (pre- transplant)	-Nutrition -Physiotherapy -Psychology	Name: Nicholas Bourgeois Phone: 519-890-8000 ext. 26276 Email: nicholas.bourgeois.chu m@ssss.gouv.qc.ca



H2L 4M1			⊠Adult			
H2L 4M1 Centre: Mount Sinai Respiratory Care Address: Mount Sinai Hospital Centre 5690 Cavendish blvd. Montreal, QC H4W 1S7	CH Notre Dame, Jewish General Hospital	Lung ⊠Pre □Post	Modality of Rehab: ☐ Inpatient ☐ Outpatient Rehab Population: ☐ Pediatric ☐ Adult	-Cummings Center, Jewish Y	-Art therapy -Music therapy -Nutrition -Occupational therapy -Physical rehab therapist -Physician -Physiotherapy -Psychology	Name: Maria Stathatos Phone: 514-369-2222 ext. 2202 Email: mstathatos.sinai@ssss. gouv.qc.ca
			ZAddit		-Recreology -Respiratory Therapy	

If you have any questions regarding this directory, please contact Dr. Tania Janaudis-Ferreira (TaniaJanaudis.Ferreira@westpark.org) or Dr. Sunita Mathur (sunita.mathur@utoronto.ca).